











Motivation Research Highlights (Jere Brophy, Michigan State University)

- 1. Supportive, appropriate challenge, meaningful, moderation/optimal.
- 2. Teach goal setting and self-reinforcement.
- 3. Offer rewards for good/improved performance.

- 4. Novelty, variety, choice, adaptable to interests.
 5. Game-like, fun, fantasy, curiosity, suspense, active.
 6. Higher levels, divergence, dissonance, peer interaction.
- 7. Allow to create finished products.
- 8. Provide immediate feedback, advance organizers.
- 9. Show intensity, enthusiasm, interest, minimize anxiety.
- 10. Make content personal, concrete, familiar.





"...innate propensity to engage one's interests and exercise one's capabilities, and, in doing so, to seek out and master optimal challenges

(i.e., it emerges from needs, inner strivings, and personal curiosity for growth)

> See: Deci, E. L., & Ryan, R. M. (1985). Intrinsic motivation and self-determination in human behavior. NY: Plenum



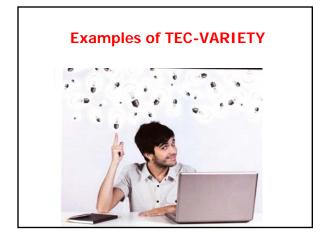
I even reflected on this for a moment...and then something magical happened...

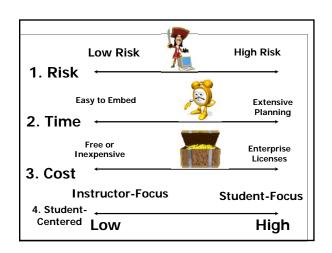




Framework #1: TEC-VARIETY for Online Motivation and Retention

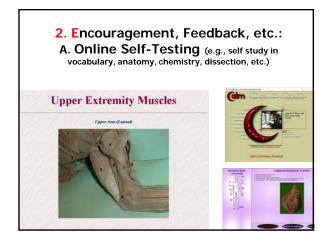
- 1. Tone/Climate: Psych Safety, Comfort, Belonging
- **Encouragement, Feedback: Responsive, Supports**
- Curiosity: Fun, Fantasy, Control
- Variety: Novelty, Intrigue, Unknowns
- 5. Autonomy: Choice: Flexibility, Opportunities
- 6. Relevance: Meaningful, Authentic, Interesting
- Interactive: Collaborative, Team-Based, Community
- Engagement: Effort, Involvement, Excitement
- Tension: Challenge, Dissonance, Controversy
- Yields Products: Goal Driven, Products, Success, Ownership







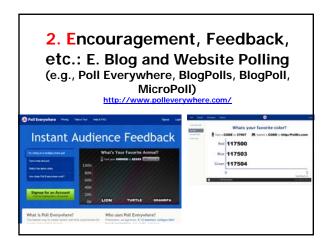


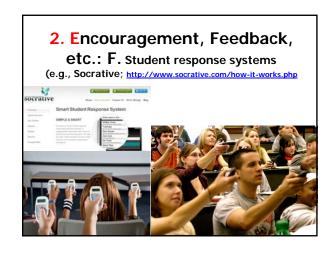










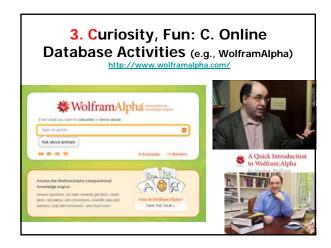
















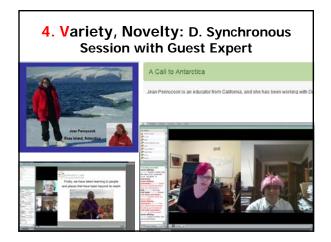


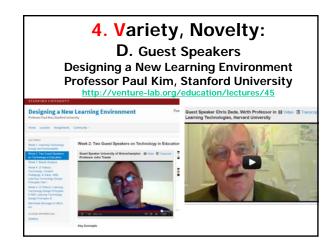








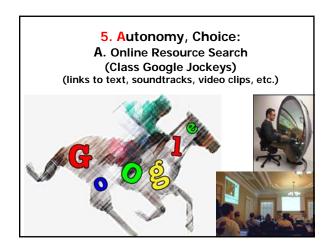


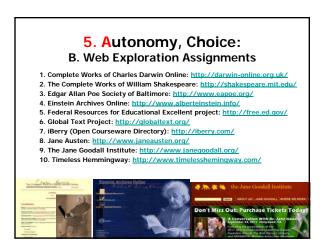






Jockey's are Important

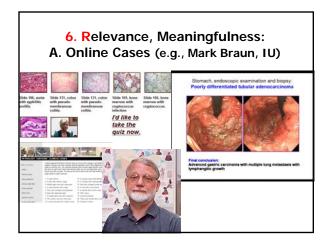




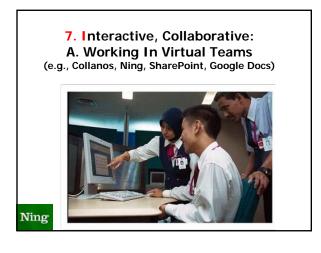
Poll #9: Which of the first 5 motivational principles will you use the most? A. Tone/Climate B. Encouragement/Feedback C. Curiosity/Fun D. Variety/Novelty

E. Autonomy/Choice/Flexibility

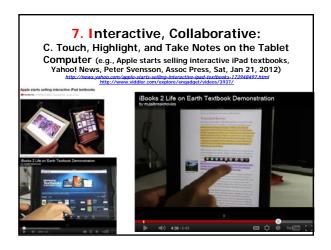








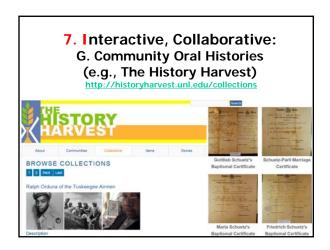


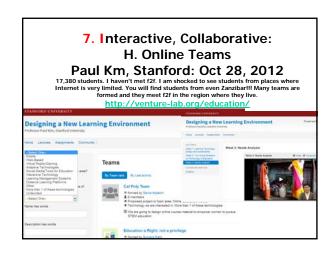




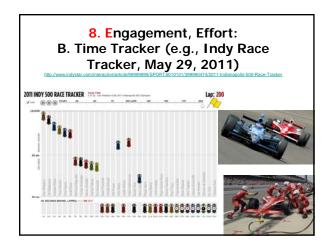




















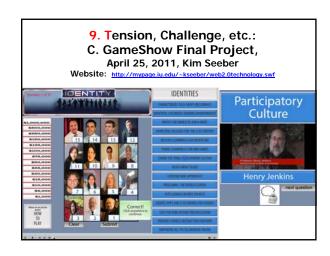






























Poll #10: Which of the last 5 motivational principles will you use the most? A. Relevance/Meaningfulness B. Engagement/Effort C. Interactive/Collab/Community D. Tension/Challenge/Dissonance E. Yielding Products/Goals

Poll #11:

How many ideas did you get so far?

- 1. 0 if I am lucky.
- 2. 1 or 2.
- 3. 3-5.
- 4. 6-10.
- 5. More than 10.



Commitments:

Stop and Share in Chat Window:

Which principle(s) of TEC-VARIETY will you use?

Tone/Climate **Encouragement, Feedback** Curiosity

Variety Autonomy Relevance Interactive **Engagement Tension**





Stop and Share: Three Words from this session!

Any Questions? Perhaps try TEC-VARIETY...

Slides at: TrainingShare.com

Papers: PublicationShare.com Book: http://worldisopen.com/

Email: curt@worldisopen.com

